

ROSEMOUNT PARKS AND RECREATION
Basketball

4-on-4 Half Court League Rules

The adult basketball league is intended to serve as a positive recreational opportunity for adults. For this to happen, managers are required to consistently promote and enforce the league rules with their players. This includes areas such as good sportsmanship on and off the court, communicating situations promptly to the recreation office, etc. **RESPECT EACH OTHERS CALL!** By following these key items your program will run smoothly.

High School Basketball rules shall be followed for this league with the exceptions below:

1. There is a ten (10) minute grace period. After the first ten (10) minutes of court time, a team forfeits the game for that evening. You may still use the time to scrimmage the opposing team.
2. The first ten (10) minutes of the hour is designated for the warm up period.
 - a. Two 20-minute (running time) halves will be played with a four-minute half time.
 - b. Each team is allowed a one (1) minute timeout per half. *The clock is to be stopped.*
 - c. The game ends at the end of the second 20-minute half unless there is a tie.
 - d. Ties will be broken by playing a "Sudden Death". Teams will flip a coin to determine who receives the ball. The **HOME** team will call the flip in the air before the coin reaches the ground. The first team to score wins the game.
 - e. If a serious injury occurs the clock is to be stopped.
 - f. A timing device will be provided in the ball bag kept in the gymnasium storage room.
3. A flip of a coin will determine who will start with the ball. The **HOME** team is the **FIRST** team listed on the schedule and shall call the flip in the air before the coin reaches the ground. The winner will receive the ball to start the game.
4. Games will be played at the Rosemount Community Center, 13885 South Robert Trail.
5. Fouls and violations will be called by the players themselves, either offense or defense. **BE CONSISTENT IN CALLING FOULS AND VIOLATIONS.** When all players are being fair, everyone enjoys the game.
6. There are no team or player foul limits. There is no bonus situation.
7. There are no foul shots, **with the exception of the last 2 minutes of the game. If a player is intentionally fouled during the last 2 minutes of the game, he will be awarded a foul shot.** If a player is fouled at any other time during the game, the ball goes back to the team that has been fouled and it is taken out at mid-court. **PLAYERS ARE REMINDED TO PLAY FAIR!**
8. There is no 3-point play.
9. **The team that scores gives up possession of the ball. The team receiving the ball puts it in play by throwing it in from the out-of-bounds. A second pass has to take place before a score can be counted.**

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10. At the Rosemount Community Center gyms, the out of bounds will be considered the large drop curtain, the black line, and the north/south walls.
11. When a player has a breakaway basket and is fouled from behind the player shall receive an automatic (2) points plus the ball back at the top of the key.
12. Substitutions may be made when the ball is dead or after a basket has been made.
13. No over and back rule will be followed.
14. The score of the game will be kept and the HOME TEAM will monitor the game time. This team is responsible to set the timing device and calling the time after the designated time limits
15. **POOR SPORTSMANSHIP, ROUGH PLAY OR FIGHTING WILL NOT BE TOLERATED.** Players who are playing in a rough, unsportsmanlike manner or fighting will be ejected from the game, and may be suspended for the remainder of the season. If both teams display unsportsmanlike conduct, the game may be stopped and both teams will be given a loss with consideration for additional games to be suspended during the next scheduled game night.
16. A player shall not attempt to dunk a basketball prior to, during, or after a game. Players who hang on rims will be held financially liable for any damage they may cause to the rims or backboards.
17. Teams **MUST** wear t-shirts of similar color, no shirt/skin games allowed.
18. Children will be allowed as long as a non-playing adult supervises them.
19. **NO BLACK SOLED SHOES AND/OR SHOES** that leave marks on the floors are to be worn.
20. In the case of inclement weather, A message confirming that the evening's programs are postponed will be left on the Pre-recorded information line at the Parks and Recreation office when possible. Call 952-985-1780, select option #6.
21. The building attendant represents the Parks and Recreation office and is in charge. The league director will deal with any team giving that person a "hard time" at a later date, with the possibility of being suspended from the league. Problems should be addressed to the Parks and Recreation office the next business day. The recreation department will resolve the situation to the satisfaction of the supervisor and the team(s) involved.
22. Any team "not showing" for a scheduled game without prior notice to the opposing team and the Recreation Office will be removed from the league.